

MENU

Please choose 1 of the 2 options provided. Please ask our catering associate for special requests, if needed. All meals are served with a choice of beverage.

****Some foods may be restricted due to your diet restrictions.****

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Denver-style scrambled eggs w/ bacon, oatmeal & a biscuit	Orange-scented French toast w/ syrup & oatmeal	Homestyle scrambled eggs w/ bacon, oatmeal & a biscuit	Blueberry pancakes w/ syrup & a sausage patty	French toast w/ syrup, bacon & a oatmeal	Ham & cheese on a croissant w/ seasoned potatoes & a fresh fruit cup	Cheerios w/ milk, fresh fruit cup & a banana muffin
	Rice Krispies w/ milk, peaches & cream parfait & a blueberry muffin	Homestyle scrambled eggs w/ bacon, biscuit, Special K cereal & milk	Baked zucchini & tomato frittata w/ cheerios, milk, & a blueberry muffin	Breakfast casserole w/ oatmeal & a biscuit	Homestyle scrambled eggs w/ seasoned potatoes, turkey sausage links & a biscuit	Bacon, egg & cheese burrito w/ salsa, oatmeal & a fresh fruit cup	Homestyle scrambled eggs w/ bacon, oatmeal & a biscuit
LUNCH	Chicken marsala w/ rice pilaf & steamed carrots	Cobb salad w/ minestrone soup	Roast pork loin w/ mashed sweet potatoes & steamed green beans	Turkey club wrap w/ vegetable soup & a garden salad	Roast turkey w/ dressing, gravy & fresh cut green beans	Herb seasoned chicken w/ baked potato & peas	Italian hoagie sandwich w/ lettuce & tomato, potato soup
	Cottage cheese & fresh fruit plate w/ chicken noodle soup & a chocolate chip cookie	Traditional meatloaf & pan gravy w/ whipped potatoes & steamed broccoli	Grilled chicken Caesar wrap w/ beef vegetable soup & a garden salad	Braised pot roast of beef w/ gravy, red roasted potatoes & whole baby carrots	Tuna salad on wheat bread w/ lettuce & tomato, tomato bisque & a garden salad	Deli-style turkey sandwich on wheat w/ lettuce & tomato, chicken & rice soup & garden salad	Oven-baked turkey breast w/ mashed sweet potatoes & steamed corn
DINNER	Potato encrusted cod w/ garlic mashed potatoes & fresh cut green beans	Breaded chicken cutlet w/ macaroni & cheese & seasoned spinach	Baked haddock w/ roasted cherry tomatoes, yellow rice & broccoli florets	Chef salad w/ chicken noodle soup	Asian beef pepper steak w/ steamed white rice & a garden salad	BLT sandwich on Italian w/ beef barley soup	Sliced beef top round w/ gravy, whipped potatoes & yellow squash
	Charleston chicken wrap w/ corn chowder & a garden salad	Bistro sandwich w/ New England clam chowder & a garden salad	Roast beef & cheddar sandwich w/ lettuce, tomato, ham & vegetable soup & creamy coleslaw	Seafood stuffed chicken breast w/ mushroom cream sauce, buttered pasta & sugar snap peas	Crispy chicken salad w/ cream of broccoli soup	Honey apple roast pork w/ garlic roasted potatoes & a corn, red pepper, green bean medley	Tuna salad wrap w/ cream of mushroom soup & a tomato cucumber salad

Additional Entrees

Create your own sandwich

- Protein: Deli turkey or ham, tuna, chicken or egg salad
- Cheese: American, swiss, cheddar, provolone
- Bread: White, wheat, rye or Kaiser roll

Off the grill

- Grilled cheese sandwich
- Deluxe cheese or hamburger
- Grilled chicken sandwich
- Veggie burger
- Impossible burger

Pizza, salads and more

- Pizza of the day
- Chicken tenders
- Cottage cheese fruit plate
- Chicken Caesar salad
- Chef salad
- Cobb salad
- Dressings: Italian, ranch, balsamic vinaigrette, thousand island, Caesar, bleu cheese

On the side

- Chicken noodle or tomato soup
- Whipped or baked potatoes
- Green beans
- Carrots
- Corn
- Side garden or caesar salad

Beverages

- Juice: orange, apple, grape & cranberry
- Milk: skim, 2%, whole & chocolate
- Coffee & Tea: regular and decaffeinated
- Soda: Coca-Cola, diet Coke, ginger ale & diet ginger ale

Desserts

- Dessert of the day
- Ice cream (chocolate, vanilla, strawberry)
- Flavored gelatin
- Pudding (chocolate, vanilla or sugar free)
- Cookie of the day
- Fruit cup
- Seasonal fresh fruit
- Chilled peaches, pineapple, pears
- Apple sauce

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*Gluten-free options
available upon diet &
request.*