



Infant CPR for Parents

Come learn CPR you can do it!

Our CPR class covers breathing emergencies and how to remedy a choking situation. We use the approach of building the steps in clearing and resuscitation in order to empower parents and caregivers in how to treat a choking incident. We also focus on remedying most types of respiratory distress in infants. CPR is invaluable skill to know, and our class will prepare you to be able to confidently perform infant CPR. Taking an infant CPR class can truly be a lifesaver. Undergoing this training means that you will feel prepared in case of an emergency. You could save your baby's life.

Parents, grandparents, babysitters, etc. are welcome to attend. No children please.

2023 Dates:

Friday, January 20, 2023

Friday, March 10, 2023

Friday, May 19, 2023

Friday, July 7, 2023

Friday, September 22, 2023

Friday, November 17, 2023



Location

St. Mary's Healthcare
425 Guy Park Avenue
Amsterdam, NY 12010
Medical Office Building
Educational Classroom - Suite 306

Time

6pm-7pm

Register

Call the Maternity Unit
518-841-7314 or email
amanda.roblee@nysmha.org
with any questions.