

## Important Information about Health Plans in Which We Participate

St. Mary's Healthcare and the physicians and health care professionals employed by St. Mary's Healthcare are participating providers in many health plan networks. Below is a list of the plans in which we participate. Some health plans use smaller networks for certain products they offer so it is important to check whether we participate in the specific plan you are covered by. Our list will tell you if we do not participate in all of a health plan's products. Questions regarding this list or the health plans with which St. Mary's Healthcare participates should be directed to the Director Payer Contracting at 518-841-7442. The final determination regarding coverage for the services you receive is made by your insurance carrier. Please contact your insurance carrier if there is any question regarding the participation status of a specific provider of service or coverage for the services you receive.

Insurance Company	Other Associated Names	Plan Types	Exclusions
Aetna Health Inc. Aetna Life Insurance Company	Aetna U.S. Healthcare	HMO Commercial Health Insurance Company	None
Blue Cross Blue Shield Blue Card <small>Blue Card is a national program that enables members of independent Blue Cross and Blue Shield Plans from across the country to obtain healthcare services covered through a local plan's contract with the provider.</small>	Various independent Blue Cross and Blue Shield Plans.	Indemnity PPO <small>(Look for the suit case symbol to identify coverage.)</small>	Federal Employee Program (FEP) HMO plan types <small>(unless out-of-network benefits are provided.)</small>
Capital District Physicians' Health Plan, Inc. CDPHP Universal Benefits, Inc.		HMO Nonprofit Indemnity Health Insurance Company NYState of Health Plans Medicare Advantage Medicaid & FHP products	None
Cigna	MVP National Alliance with Cigna Health Care <small>(If the MultiPlan Network Savings Program logo appears on your Cigna ID card.)</small>	PPO	Behavioral Health
Empire HealthChoice HMO, Inc. Empire HealthChoice Assurance, Inc.	Empire Blue Cross Blue Shield HMO Empire Blue Cross HMO	HMO Commercial Health Insurance Company NYState of Health Plans Medicare Advantage	None
Emblem Health	GHI HIP Health Plan of New York Vytra	HMO EPO / PPO NYState of Health Plans	
Excellus Health Plan Excellus Health Plan, Inc.	Blue Choice Finger Lakes HMO HMO Blue Univera HealthCare	HMO Nonprofit Indemnity Health Insurance Company	None

	Univera Healthcare HMO Upstate HMO	NYState of Health Plans Essential Plans Medicare Advantage Medicaid & FHP products	
HealthNow New York, Inc.	Community Blue BC BS of Western New York BS of Northeastern New York Health Now	HMO NYState of Health Plans Medicare Advantage Medicaid & FHP products	None
Humana Insurance Company Humana Health Plan, Inc.		Medicare PPO Medicare POS Medicare Network PFFS Medicare HMO	
MVP Health Plan, Inc. MVP Health Insurance Company		HMO Commercial Health Insurance Company NYState of Health Plans Essential Plans Medicare Advantage Medicaid & FHP products	None
New York State Catholic Health Plan, Inc.	Fidelis Care New York Better Health Plan	Medicaid Managed Care Essential Plans Medicare Managed Care	NYState of Health Plans
Oxford Health Plan, Inc.		HMO	None
UnitedHealthcare		Commercial Products	Medicare Managed Care Medicaid Managed Care (Note: Some SMH employed physicians do participate in these plans. Please check with your insurance.)
Universal American Corp	Today's Options  American Progressive Life & Health Insurance Co of New York	Medicare HMO (including POS) Medicare PPO (including POS) Medicare PFFS	